We’re Back
2015 is here, a new semester is starting, the time to see our Friends is back, the weather is cold, we will have a new Superbowl champion, Justin Bieber is still Justin Bieber, Cristiano Ronaldo was named the best soccer player...ah and Backpacker is back!

We are the new team of great high school students who love to read and write in English bringing great stories to amaze you. If you like to read, this is your place, if you don’t like to read turn off your whatsapp and give us a chance. Here you will find information about everything you like. Movies, sports, games, friends. They all will be here.

The purpose of our work is to have fun, both for you and us.

Backpacker is here in our Colegio de Chihuahua.

So please read us.

The Ghost Editor
During the Second half of 1970s in LA, an all-female rock band assaulted rock history and made a mark that would last more than the band itself. This band was The Runaways, “Joan Jett’s baby”, the origin of the Rock Star and an important influence for posterior Punk-Rock, Hard Rock and Heavy Metal Bands.
It was in 1975 when both the drummer Sandy West and the rhythm guitarist Joan Jett introduced themselves to Producer Kim Fowley, who gave Jett’s phone number to West. They met on West’s house, jammed and called Fowley to inform him about the outcome. He then helped recruit the rest of the band members, following the singer and bassist Micki Steele, with whom the band started out performing in clubs and parties; soon enough their lead guitarist Lita Ford (who was actually hoping for the bass spot) joined the band, which had a last spot to fill, the lead singer. Sadly, the bassist Micki Steele was fired due to problems with the band during their first recording sessions. Peggy Foster, who had first auditioned for the guitar spot took on the bass, but only for a month, being the second bassist to leave the group before their first album came out. The bass spot would be a constant vacant in the band. Cherie Currie, a.k.a. “Ch, Ch, Ch, Ch, Ch, Ch, Cherry Bomb”, was recruited by Jett and Fowley in the Sugar Shack, a local nightclub, based on style same as voice, to be the lead singer to the Runaways, next to the third bassist, Jackie Fox, who had also auditioned to be the lead guitarist. After a period of peace between the band members, the band was signed by Mercury Records in 1976 and toured the US, selling out several shows. Their first album, “The Runaways” was released that same year, with great public acceptance. Before their official breakup in 1979, the band had several issues, including the singer’s drug addiction and discussions about the future of the band, whether they would follow Jett’s wish to convert from Hard Rock/Heavy Metal to Punk-Glam Rock or to keep their original Rock & Roll motto. Besides, the band separated from their original producer, Kim Fowley, due to several conflicts about his management of the band and the way they were treated. In an era when “girls don’t play electric guitars”, an all-girl rock band made it to the top charts in music history, changing the previous concept of female stars and heavy metal bands. The Runaways gave birth to the modern day Rock Star Joan Jett, and other successful careers in posterior music. Next time you listen to the Cranberries or any other popular all-female bands, take a look to the past and watch over the ones who stated the new rules of Rock.

Erick Garcia

Joan Jett played both Gibson Les Paul and Melody Maker Models with the Runaways
1. Star Wars: Episode VII The Force Awakens, December 18
   It is the most anticipated film of 2015, directed by J.J. Abrams. The story takes place approximately 30 years after the Return of the Jedi (1983).

2. Avengers: Age of Ultron, May 1
   This time our superheroes will be battling Ultron to protect the humans from this villain. This film will surely get fans to theaters.

3. The Hunger Games: Mockingjay Part 2, November 20
   Katniss Everdeen and District 13 revolve in revolt against the autocratic Capitol and the President Snow in the concluding film of the worldwide phenomenon.

4. Fifty Shades of Grey, February 13
   It is based on E.L. James best-selling romance novel of the same name. The story is about how Anastasia’s life changed forever when she meets a handsome, tormented Christian Grey.

5. Jurassic World, June 12
   Twenty-two years after the events in Jurassic Park, a whole new park is built from the remains of Isla Nublar. This time Owen (Chris Pratt) will battle some new attractions in the park.

6. Furious 7, April 3
   Ian Shaw is against Toretto seeking revenge for the death of his brother putting the crew in danger once more.

Make sure not to miss any of these fabulous films; and be ready to schedule all your date nights for this year.
Wait For Them, &
May the Force Be With You
THE LION KING

I am thrilled to play Simba in the school’s play this year, The Lion King. Even though we all have a very stressful-tired journey to get the play done we all have a lot of fun and we love our final job. Some of my fellow backpackers are in the play too, such as Danny, playing Scar, and Karla playing a dancing lioness. So we hope you really like it.

1. The Lion King is based on William Shakespeare’s Hamlet and also the Bible’s Old Testament’s Moses and Joseph.
2. At first it was titled “King of Beasts”, then “King of the Jungle”, but when they realized lions don’t live in the jungle they finally decided to name it “The Lion King”.
3. The Lion King got majorly shafted by Disney’s creative team during development. Pocahontas was being produced at the same time and everyone who worked for the studio was more bullish on that project, thinking that the historical roots of the film would make it the more likely to succeed. As such, Disney’s top animators actually worked on Pocahontas, and not The Lion King.
5. The Lion King is the highest-grossing hand-drawn animated feature of all time with a total box office of over $987 million; it is also the third highest-grossing animated feature in general, the 19th highest-grossing film of all time, and the best-selling videotape of all time.
6. Pumba is the first Disney character to ever fart on screen.

To sum it all up, a little more detail about the schools’ play. It will be playing on March 20 to 22, at Teatro de los Heroes, with over a hundred students on scene and 5 months of previous hard work.
I am very excited as for this being my last play at school, which makes me very nervous and excited, and a bit sad, all at the same time. I have enjoyed being at this school, and certainly being part of the Divertimento team was the best thing of it. We all know all the seniors that participate cry at the end of the play, and I might be one of them, and between us, I think Danny might as well... just saying.
Yuliana Paredes

I am so lucky in so many aspects. Of course each one of us has a special talent that will always make us shine along our path in life, but Yuliana’s talent has helped her to become who she truly is. Yuli is not only a distinguished athlete at Colegio de Chihuahua, she is also a beloved friend of mine and I can truly admit she is one of a kind. I bet it is not easy to wake up early in the morning, give a 100% at school, eat as fast as you can, get ready for your training, go to the field and give a 100% of your spirit and effort one more time. That is the reality Yuliana is used to handle, but the rewards are totally worth it.

Mayra Yuliana is currently eighteen years old, she is in her high school’s last semester and she practices track and field. When Yuliana was like 10 years old, she used to run in her physical education class and that is what got her started with the sport she is currently in love. As an athlete, if you want to achieve glory you may have ups and downs and Yuli is pretty aware of that.
I got the chance to have a talk with Yuliana about what she thinks about herself and the sport and she mentioned “I mean, people had told me that I’m good but I think the key is that I got potential, I use it I will be able to go as far as I can in order to be the best heptathlonist,” she laughed “that is what my coach once told me.” In these years that Yuliana Paredes had practiced track and field she had been honored to represent our state in the national tournaments during the last three years. Her greatest accomplishments as an athlete are two medals that she won on the national tournaments and she got the chance to participate in primera fuerza which is a competition where more than six hundred athletes compete to be selected for championships like the centroamericanos.
We all know track and field is not an easy sport. Track and field is a sport that involves outdoor action like long-distance running and race walking. “I think what makes my sport unique is that basically all types are included in it, like running, jumping, and that is why I like it, because it is a sport that is very complete compare to other sports” the athlete said. What Yuliana participates in is called heptathlon which is the women’s alternative to the decathlon. It includes seven different events. The events are 100-meter hurdles, high jump, shot put, 200-meter run, long jump, javelin throw and 800-meter run. Yuliana added “what I think it is the most difficult thing about practicing track and field beside the trainings, because they are really tough haha,” she admitted “what I think it is about is competing because when you are about to run all you want to do is run with your heart and at the end of the day the most satisfying thing you might get is finish.”

If you want to do something you need to work for it and that is something Yuliana knows it pretty well, there may be some obstacles but you got to let them go and learn from them. Last year, Yuliana fell in her last competition and that almost cost her a place in the podium, she shared that it is her worst experience ever. But Yuliana left that behind she stood up, continue running and got the place in the podium she deserved. I ask her what is the best advice she can give us and she answered “you should never give up and always believe you can to do it because I have had my own doubts about myself before but people had told me that if I give all I have that will be enough. It is not about winning or making it, it is about trying and risking all you got and if you don’t make it that doesn’t mean you lost, it means you learned what you needed in order to improve your skills for next time,” Yuliana added “if you want to achieve something you will always need perseverance.” This is what the life of Yuliana Paredes is about. School, track and field, sleep, repeat. This is what Yuliana has been through in order to be one of the greatest athletes Colegio de Chihuahua have ever had and I’m pretty sure we will be hearing more good news for Yuliana in the next years.
Benefits Of Frozen Yoghurt

We are all addicted to ice cream. What better day to cool off a really hot day with a delicious scoop of vanilla ice cream with hot chocolate fudge? But as we know, ice cream contains tons of cream, which at the same time contains tons of fat. And fat is not good for our system. So let me show you an alternative but still delicious way to have the same delicious flavor of ice cream but without the fat. The name? Frozen Yogurt.

Frozen Yogurt is an excellent low fat replacement for ice cream and the best part is that it comes in different flavors too! You can enjoy an excellent dessert and without noticing, you can still be taking care of your health. Yogurt is recommended at least once a day as your dairy portion because it is filled with nutrients, vitamins and minerals. Think about it as a treat to yourself and a favor to your digestive system.

Another benefit we can acquire from Frozen Yogurt is the hundred ways of preparing it. Usually, the places that sell this snack contain a variety of toppings you can add to your dessert. And the best thing is that since you have already “saved” some calories from the original ice cream with the yogurt, you can actually add some brownie bites, chocolate, fruit and many other things without the guilt!

So when the hot season comes again, be prepared. I highly recommend you to give yourself a pleasure without the fat. Replace the regular ice cream and dare to try all the flavors of the Frozen Yogurth!

Places with Frozen Yogurth in Chihuahua:
- Yomm Yogo
- Yogurth Life
- Frogurino

Karla Medina
If you are always following all of the Red Carpet season a.k.a. Award season, you must be really excited for this year’s biggest honor in the movie industry: The Oscars. But here might be some of the reasons maybe this year, they won’t be worth seeing. Too many people were forgotten and there were many controversies.

Make a little research and look at the nominees. See something weird and missing? NONE OF THE NOMINEES ARE BLACK. The thing comes in controversy when Selma is nominated for best film, but none of the actors or the director appears in other category. (Did I mention the movie is about Martin Luther King’s fight for equal rights between black and white?). I mean, Oprah was on that movie, and even Oprah was left out. Guess there is no Oscar for you this year, Oprah.
Also, some of the biggest A-list stars were left out. When you see someone already nominated on the Golden Globes you think it is the fast pass for the Oscars. Well, this year was not case. Jennifer Aniston is well known for playing comedic roles on comedic movies that do not make it to the good lists. But this year, she surprised taking a role of a depressing woman on Cake. She was praised by critics and nominated to most of the awards this season, except for one… guesses anyone? The Oscars of course. Angelina Jolie made her debut as a director in the film Unbroken, but there was no love for her either. I guess she can always go back home in Brad Pitt’s arms.

One the bright side, latinos took over this year!! Remember last, when everybody was buzzing around Alfonso Cuarón’s Gravity, and when he actually won best director, Mexican flag waving everywhere. Well, this year, dust your flag, because Alejandro Gonzales Iñarritu is in! His movie, Birdman is in a tie with The Great Budapest Hotel with the most nominations. Best Movie, Best Actor, Best Supporting Actress, Best Original Screenplay and so on! Also, the movie Wild Tales, from Argentina is nominated for Best Foreign Film. We also have La Parka for Best Short Film and so on.

I guess the only way we can judge the show is by watching it. Remember to tune in your tv on February 22 and do not expect Jennifer Lawrence to fall again… she is not even nominated.
La Dame de Fer : The Iron Lady
Mónica Martínez

Ingredients:
- 10 000 tons of iron
- 1 laboratory
- 1 small apartment
- 50 tons of paint
- 704 steps
- Innovations from the industrial revolution
- A wind-proof design
- 2 500 000 rivets
Enjoy the view and laugh at the amazing stories the Iron Lady has for you.

Le Dame de Fer, or Eiffel Tower, as it is commonly known, is among the most visited paid tourist attractions around the world. It was never planned to be a tourist attraction, though.

The World’s Fair was about to take place in Paris, France in 1889. A contest was made to design the best arch of entrance to the fair. Gustave Eiffel’s Company won the contest with the design of the Eiffel Tower made by the engineers Nouguier and Koechlin, with the help of Stephen Sauvestre who beautified the tower, since the original design was very crude. The construction work lasted 2 years, 2 months, and 5 days.

Though the fair lasted about 6 months, the Eiffel Tower was to last about 20 years in the Champ de Mars. The reason is that Eiffel paid the 80% of the construction expenses, so the government gave him this period of time to recover the money spent before dismantling the tower.

In order to recover the money, Eiffel placed an antenna on the top of the tower and turned the second floor into a laboratory, where experiments on wireless telegraphy were made.

After the given time was over, the newsflash could be seen in every single newspaper in Paris: the government had to decide whether to keep the monument or disassemble it. The expense of keeping it was much bigger than the one of destroying it, for it needed maintenance. While the decision was made, Victor Lusting saw a chance to make the biggest fraud he’d ever made: selling the Eiffel Tower.

Lusting sent letters to several scrap iron dealers saying the Eiffel Tower was indeed being dismantled and asked for an offer for the scrap iron. He chose Monsieur Poisson to proceed with the fraud. Lusting traded a fake title deed for a real check. Poisson was so embarrassed for falling in the trap that he didn’t even tell the authorities. Lusting didn’t just sell the Eiffel Tower, but he did it twice. He was captured when trying to escape the second time.

Being sold is not the weirdest thing that happened to the Eiffel Tower. It was once the biggest billboard too, when the car agency Citroën put a lot of lightbulbs announcing the brand. The light was so powerful that it was used as a beacon by Lindemberg to land after the first flight crossing the Atlantic Ocean.

From the rejection of the people when first built and being destroyed in at least 18 movies until now to being such a beloved tourist attraction that imitations of it has been copied in Vegas and Tokyo, the Eiffel Tower has much more stories to tell than we could ever know. It is definitely worthy of the fame and appreciation it receives all around the world.
Hearing Colors

You probably are wondering about the title “Hearing colors”, it sounds crazy right? It is as CRAZY as you think because it is literally true. Hearing colors is what has helped many musicians to succeed in history. It is this neurological condition called synesthesia which causes in some people to experience involuntary sensations triggered by another sense. It exists many types of it, but I would like to focus on the type called chromesthesia.

Chromesthesia is a type of synesthesia that makes certain people associate sounds with colors. So what does this mean? Let’s say you are listening to your favorite country song, then that song makes you experience visualizing an orange blur. That blur is how ‘chromesthetes’ live every day. According to Medicinenet.com, the medical definition is: ‘A non-visual stimulus that causes the individual to perceive color’. Although only 1% of the world’s population has been detected with this phenomenon, each chromesthete perceive the color-sound differently. A person may not hear the same color as another, because they all have unique color pairings that vary in color, sound, pitch and timbre. So a chromesthete in Barcelona may hear the ding dong of a bell in red and another one in Sydney may hear the same bell whether in a lighter tone of red or another color.
So, how does chromesthesia work? Certain individuals have been asked which color they relate to which sound. The most common answer was that while the higher pitched sound they heard, the lighter/brighter color they saw. They also have help to discover that chromesthesia is bidirectional. This means that some chromesthetes, who represent 25% of color-hearing people, experience the phenomenon by hearing any kind of sound, while the other great majority (75%) experiences it with certain types of sound. And, can they stop hearing the rainbow? No, they can’t, but 33% of these people affirm being able to ignore the colors.

Despite seeing colors every time you hear a sound every day of your life sounds awful, actually, in most cases, it is beneficial to the person. According to the University of Bern, chromesthesia as a form of synesthesia may facilitate the expression of creativity along with an impressive sound memory. This ability has been useful to many recognized people along history, for example Mozart with his musical compositions, the pop-artist Pharrel Williams and the song-writer and singer Bob Dylan. But besides all these, chromesthetes do have some minor problems. It has been reported that they have difficulty with numbers and they often confuse their left with their right. Chromesthetes a very unique people, and if you are one of those lucky people that knows one, you should talk to him/her and get to know each other, they could be very interesting people!
A small list of things everybody will advise you of and will promise you they are true. However as intelligent as they may seem, some of the things they claim are real just, aren’t.

1.- Let’s start it off with what everybody has told me to do so I can start growing facial hair (because I have none): Shaving makes your beard grow faster. Oh, but it stimulates the follicle! That is an absolute lie. I’ve been testing it out for a couple of years now and it’s not getting any better. But don’t take it from me, many scientific tests resulted that the facial hair does not grow faster but it does seem to look thicker due to shaving the thinner tips of the hair.

2.- I’ve been warned since I was five not to wake up a sleep walker although I never understood why until now: Waking sleepwalkers can harm them. Though it is true some might get confused at first or a little delusional there is no way you can hurt a sleepwalker by simply waking them up. In fact they can probably hurt themselves by tripping with objects if you don’t.

3.- A lady having a nice beach day confirmed this not long ago: Drowning is the worst way to go. Many people say it is the worst way to die and can’t imagine it happening to them. But how would they know? Have they experienced it? Because as terrifying and concerning as this may sound, drowning is a pretty easy way to go. Sure you struggle and panic but its only for a couple of minutes until faint after your reflex kicks in and you try to gasp for breath one more time. After that its smooth sailing. That lasts about three to five minutes after you pass out you have a couple more minutes to either get saved or walk toward the light.

4.- On a better note, this is something that’s really interesting: We only have 5 senses: So everybody and everything says we only have the common 5 senses and some people are blessed with a sixth but in reality we can actually have up to 20 senses or more. Besides our sight, smell, touch, taste and hearing, we can also sense balance and acceleration, our body and limb position, the temperature around us, pain, the sense of time, blood carbon dioxide levels and more.

If you hear anyone saying any of these misconceptions, be sure to correct them, give yourself a pat on the back and show them how smart they really aren’t.
AFTERHOURS - AT THE TERRACE

WATCH OUT!
OUR CAMERAS MIGHT CATCH YOU SOON!