All You Need Is Love!
I hope you liked our first issue, it was amazing to create it. We love what we are doing, so in this new issue we still have great stuff. I can tell you all the good experiences you may have when you are an Exchange student abroad, but my recommendation is to take a look at an article about it that you can read here. If you like movies, the article “Fragments of Life” is what you are looking for, and you will go running to the movies. Talking about movies, Do you agree with me that Harry was a dull character and Hermione was the real star in those movies? Well, after reading our pages you will admire Emma Watson even more (if possible). In the freak show section we have a note about an island in Xochimilco, won’t tell you more. In the psychology section (just kidding) our reporter will tell you about how to identify a lie, be careful! We have some other wonderful writings about life, beauty contests, an important letter and a famous guy named Peter Gene Hernández (no kidding this time). So welcome to the jungle, we have fun and games.

PS: If you don’t have the album pictured above, go get it, it’s great!
The only thing more beautiful than the sound of her voice is complete silence, where the winds sound so eager, so strong, and so loud it makes you close your eyes and listen. But when the traffic and street lights distract you, you can still remember the moment and seek another one, but now you can see her, her eyes are looking at nobody but you, and that way you know: it’s her, what you’ve been looking for. Not only the sound, but the words that come out with it, she’s smart, pretty probably the smartest you’ve ever known, and that makes you wonder, can she read your mind? Does she know how you see her? Next day it’s the same routine, you wake up and still think of the way her lips moved and how the wind made her hair dance along with a swiftness like any other. All your day goes by and the phantom that made your recent and very frequent dreams start may appear in the middle of a class when you’re in school and remind you that you’re alone, and she doesn’t even know you’re name, though you’ve told her twice that month. I’d tell you not to worry but my experience says you should, because she occupies too much of your time and too much space in your mind. If you suspect there’s no solution, there is, get to really know her, not the one in your dream, but the real one, and maybe she’ll like you back or even better... she is nothing like you dream her. Love,
Your future self.
“Hey, you know something? I am going to spend twelve years doing a film. Who knows? Maybe I get an Oscar nomination” was something that filmmaker Richard Linklater may have thought when he got the idea of filming a movie for twelve years just to never change the main cast. The result? The coming-of-age movie Boyhood.
Before Boyhood, Linklater had written, produced and directed other films such as the Before Sunset and Before Midnight saga, the coming-of-age Dazed and Confused and School of Rock. All of his movies have been received with critical praise and have had a cultural impact for the movie industry. But why does Boyhood is called “something never seen on cinemas before”? The movie began its production in 2002, in his hometown Houston. His cast included Patricia Arquette and Ethan Hawke, both who had worked before with Linklater and for the kids, he hired his 9 year old daughter Lorelei and 9 year old Ellar Coltrane. The original name was Fragments of a Life, and then changed it to Boyhood.

Boyhood tells the story of Mason Evans (Coltrane) and his journey beginning at the age of 9 until the moment he leaves for college. The story has every teenage essence; the fights with the parents, the bad friendships, the heartbreaks and the world seen on the eyes of a teen. Also shows his mom’s (Arquette) and dad’s (Hawke) journey through divorce and the struggle of moving on and his sister’s (Lorelei) path on going from a girl to a woman.
The movie was practically a “secret” even though Coltrane stated on an interview: “We told everyone what we were doing. It was not a secret, I just guess no one really cared.” And look at that project that no one cared! That movie that started twelve years ago, where the cast would go together a week per year and shoot a couple of scenes, now is an Oscar nominee for Best Movie and Best Director, also with nominations for Best Actress and Actor for Arquette and Hawke, respectively and has already won the Golden Globe for Best Director and Best Movie in the Drama section. I have to mention that it has ranked Top 1 on all the Best Movies of 2014 lists. The movie will show in cinemas here in Mexico soon and in USA is already available for sale on DVD and Blue-Ray. If you have the chance to see it, do it. It is definitely worth the time of watching someone grow up with the same struggles you have right now. And best wishes for the cast on the coming Award season!

You know how everyone’s always saying seize the moment? I don’t know, I’m kind of thinking it’s the other way around, you know, like the moment seizes us.
Lying Is Easy To Identify

People always let off signs when they are lying. They might have a hard time making eye contact or may be the opposite. Here's a couple of ways to make sure you’re being lied to

1.- **Having trouble looking at you straight.**
A lot of times a person might break eye contact while explaining something that’s a lie, then resume eye contact after finishing the explanation.

2.- **Shaking or moving head.**
After confronting someone the person might move his or her head sideways as someone in disbelief would often asking the question “What?” Often used as a way to get more time to think

3.- **Repeating themselves.**
Many times they will try to repeat what they have already said a couple of times, sometimes even mess up and change the story then quickly correcting themselves to the previous version

4.- **Giving away to much Info.**
Sometimes when people lie they tend to give a lot of details and information about what happened and it seems like they’ll just let their mouths go.

5.- **Change of rhythm.**
Often people will change positions blink in a different pattern and even breathe differently when telling a lie. Although these might not be so obvious they are still details to look for when you suspect foul play. There are many more ways that you can find out just from asking questions and looking for the response. People always act differently when they know they are not telling the truth, you just have to be ready to identify any signs of body language they might give away.

by Danny Pérez
You might not recognize the name “Peter Gene Hernández” right now, but I will give you a hint who this known character truly is. Peter, is a recording artist and musician whose debut album has been certified 39x platinum worldwide, he has sold more than 45 million worldwide, his 2010 album was named “The year’s finest pop debut” by Rolling Stone, he had received tons of awards throughout the years, and in 2011 he was named one of the most influential people in the world by the Time Magazines. He is not just a singer, he is a showman.

He is Bruno Mars.
Peter Gene Hernández also known as Bruno Mars was born October 8th, 1985, in the city of Honolulu, Hawaii. He grew up in a very musical family, his father used to be a percussionist while her mother liked to sing and used to be a hula dancer. He used to perform a show with his family and people got to know him like “Bruno” because he was confident, independent, and strong-willed so the name just got stuck with him, besides his father started calling him that way because he thought he looked like a wrestler called Bruno Sammartino. When Bruno was 4 he became the youngest Elvis Presley’s impersonator. If you try to remember when was the first time you ever heard the name “Bruno Mars,” you might have a flashback to few years ago when the name suddenly came out of the blue but actually Bruno has been kicking around for a very long time. Bruno Mars became a worldwide superstar with a string of smash hits. But before that, he struggled for years in order to reach the top. Bruno is Puerto Rican, Jewish and Filipino. He moved to Los Angeles trying to reach his goal as a performer. He later began as a successful songwriter for Adam Levine, Cee Lo Green and Flo Rida.
He managed to put his name on top of the charts in 2009 by co-writing “Right Round,” and a year later he collaborated with the rapper B.O.B and co-wrote the song “Billionaire” with Travie Mccoy. In an interview he commented that he and his songwriting partners came up with a song that was going to be called “Nothin’ On You,” and the artist already knew this new song could be the ticket to the big game. He took the song to a music industry decision-maker, but the reaction that took place was not the one he was expecting. The producer went like “Oh man, oh man what a song,” but then the guy told him “You know what kind of white artist we could break with this? Blonde hair, blue eyes, we could make this kid the next thing!” Bruno admitted in the interview that he was just sad and he could just think about the kid (himself) who wrote, produced and played that song. Thankfully, the story did had a happy ending. “Nothing On You” became a #1 hit for Bruno and rapper B.O.B, it was nominated for three Grammys, and that song launched Bruno on what could be the experience of a lifetime. Bruno Mars was able to launch a solo career after that, he quickly became the first male vocalist in two decades to crack the Top Ten with his first four singles. He released Do-Woops & Hooligans which quickly produced a number one single called “Just the Way You Are.” In 2012, Mars both hosted and performed as a musical guest on the well-known show Saturday Night Live. His next album, Unorthodox Jukebox, featured “Locked Out of Heaven” which was introduced to the pop charts and reached number two in the United States, “When I Was Your Man hit number one. Bruno Mars suddenly became a natural for one of the world’s most prestigious gigs. He got the chance to perform at the halftime show for Super Bowl XLVIII last year, next to the Red Hot Chili Peppers. In my opinion, Bruno Mars is gorgeous and he always takes good pictures with terrific hats, I think his music is catchy and timeless. And is why I think Peter Gene Hernández is one of the greatest showmen we are able to witness.
“Men - I would like to take this opportunity to extend your formal invitation. Gender equality is your issue, too.”
Emma Watson, The Activist

If you are into the Harry Potter series, you must know who Emma Watson is. If you don’t, she is the sassy one and only girl from the three main characters. If this still doesn’t ring a bell, you really need to start investigating because she is doing something big and magical. Just like in the movies.

After playing a young feminist named Hermione Granger who always stood up for herself and her beliefs for a decade or so, she decided to turn into a feminist for real, but not only that. She also decided to change the meaning of that word. Feminism has been related more with violent protests, insults towards men and not lady-like attitudes (haha irony). What Emma Watson is trying to do is to, for the first time, establish a very appropriate concept of feminism and not only defend women but men to. She is aware of how feminism has affected guys too and she is only inviting them to join feminism. How would that be possible? The He-for-She Campaign.

The fact is that feminism has been a movement from women to women and it has contained a great amount of discrimination towards men. So this was not a movement to defend girls, it was a movement just to be against guys. What the He For She campaign is proposing is just for guys united with girls defend their rights and come together to support gender equality, which is the main objective of feminism after all.

Emma Watson has been the official speaker for this campaign although very few people know that the co-founder is actually a guy! And not any guy, it is a guy you probably know. He is that actor… you know, Matt Damon. And let’s just mention and Barack Obama, (Yes, Mr. President Obama) has expressed his total support with the following statement: “Lifting women up, lifts up our economy and lifts up the world. We just need to make sure someone is standing up for them.”
Emma Watson had already shown what kind of woman she was; after finishing the Harry Potter saga, who had her busy since age 9 until age 20, she took a very important decision; she wanted to go to College. And even though that is a very important decision for all of us, what made it bigger was that she didn't really have to. I mean, she is one of the most powerful and richest girls in the industry, but still, she wanted to. In Hollywood, that is wow. She studied as any normal student at Brown University and finally on May 2014 she graduated with a degree on English Literature. After that, she decided to join the He for She campaign and give one of the most inspiring speeches ever made by a feminist. She finally did something no feminist had ever done; she stood up not only for herself or women, she stood up for men and the gender equality. After all, that is what feminism is really about.

For more information on the campaign go to heforshe.com and read the proposals. If you are interested, you can join the movement and be part of something big.
Somehow one of the scariest elements producers use in scary movies is the same one your mother played with as a child: dolls. In movies, one evil doll is enough to cause horror to a whole city. How much would an island full of dismembered, creepy dolls do?

Xochimilco is famous for its rides in boat through the canal to see the chinampas (man-made-islands). During these trips, tourists watch gorgeous islands covered in tropical plants and decorated with flowers and colorful fruits. But this sight is ruined when flowers and birds in the trees become decapitated dolls in Isla de las Muñecas.

Some people say that, as they passed by, they could hear the dolls whispering to each other, that they winked at them, or even lured them to stop and come down to the island. However, these stories have not been proven to be true.

The legend began when Julian Santana, the owner of the island, and also the man who lived there, saw a girl drowning in front of the island and was unable to save her. A few days later, he found a doll in the water, in the same place the girl had drowned. Filled with sorrow for the girl, he hung the doll in a tree as a sign of respect for her.
Don Julian worked selling crops in the city, but, since his beloved wife died, he talked to no one. Instead, he was seen collecting dolls from the garbage and the canal. Bigger was the surprise of the citizens when they discovered he was using them to decorate his island. His familiars even said he seemed to be driven by a strange force rather than his own. Some even say Don Julian went crazy and truly believed the dolls he picked up from the canal were real kids who he was saving. According to his nephew, Anastasio Santana, Don Julian used to say he could still hear the drowned girl’s moan in the island and he started to hang more dolls in his attempt to please her. The girl’s spirit was so insistent, almost haunting him, “He was trying to frighten the fear itself”, his nephew said. The last day of Don Julian’s life, Anastasio was fishing with him. Don Julian had said before that a mermaid in the canal wanted to take him. Later, Anastasio left to take a look on the animals. When he was back, he found his uncle’s dead body floating in the water, exactly in the place he said she’d take him, and where the little girl had drowned 50 years ago. People from Xochimilco say Don Julian’s spirit has now joined the girl’s in the island. Nowadays, tourists come from the entire world to visit Isla de las Muñecas and ask favors to Moneca, Don Julian’s favorite doll. Even Anastasio says she been helping him stay healthy during the 54 years of his life.

Isla de las Muñecas might not be as scary as some horror movies, but it certainly is not a pleasant place to live!
Being on an exchange is a once in a lifetime experience; you get to meet new people, new places, a new culture, and another language. You get to grow as a more mature person and learn to be independent and self-conscious.

Being an exchange student is also a hard thing, at first. When you get to a new country, especially with an unknown language spoken, it is very hard to adapt. While you try to understand and translate everything everyone says to you, you have to smile and nod and pretend you are a fluent speaker. Also making friends is kind of difficult at first, in some countries people tend to be racist to outsiders, but when you start talking and attending class, you get to spend more time with classmates and make friends quickly.

So here’s a little something about when I went to my exchange to Brazil and the perks of being an exchange student.
I went to Sorocaba, a city one hour away from Sao Paulo. It’s a city with nearly 600,000 habitants, with a humid climate and very warm. A beautiful city, full of nature, apartment buildings, Japanese restaurants and drug stores.

My first idea of Brazil was naked people and samba, and I was right. It’s very common for Brazilians to walk on the streets without a shirt, it’s a very hot city so that’s a way to manage the heat. Also dancing, there is a lot of dancing, and samba, and capoeira, and it’s a really fun-easy thing to learn.

I love learning new languages, and I thought Portuguese was going to be easy, and yes it was, in Brazil people speak Portuguese, not Brazilian... So, at first I thought I was pretty good at it by singing “Ai Se Eu Te Pego” and those song everyone knows but the truth is I didn’t understand a thing. Brazilians speak fast. So I had to listen very carefully, and as I said before, nod and smile. By the time I had a month I could understand words, YES, SOME WORDS ONLY! I felt like a loser. When I had 2 months I was able to say phrases and with 3 months I could understand and speak with a weird Mexican/Brazilian wannabe accent. The rest of the exchange I improved my accent and learnt common slang.
Trying new disgusting looking food is also a personal rule you must follow. You might be losing a delicious meal by not eating a coxinha...

Oh, and one of the things I loved the most was the blazer thing all exchange students do. Before our exchange year we all have to buy a blue blazer, and pins. We have to exchange pins with other exchange students in order to have more and get your blazer full, and I loved doing it. When its time to go back to your home country your blazer might be filled with things and over a thousand pounds.

So this was a little sneak peak of what my exchange and Brazil. Hope you liked it as much as I enjoyed being there, until next time.
The awaited international beauty pageant was celebrated once more. As always, this annual tradition joins together countless young women around the world competing to become part of Miss Universe history. These are women who seek to advance in their careers, achieve personal and humanitarian goals, and try to improve others’ lives.

The current contest was in Miami, where Paulina Vega of Colombia was crowned on January 25, 2015. Some weeks ago Miami had the honor to receive more than 80 contestants from different countries, including our current Miss Universe, Paulina Vega.
She is a 22 year old business administration student from Barranquilla, Colombia. Since she arrived to Miami many predicted she would take the crown. Pageants and performances are in her blood, among the Vega family. Her grandmother, Elvira Castillo, was Miss Atlantico in 1953, and her father is a tenor. Our newest winner also commented this was going to be her last pageant because she wanted to completely dedicate to her studies and open her own company. During the pageant, there were some strong contestants besides Paulina Vega. Among the top 5, there were Nia Sanchez from USA, Diana Harkusha from Ukraine, Kaci Fennell from Jamaica and Yasmin Verheijen from Netherlands. Kaci Fennell was the sensation of the night with her short hair cut. Fennell revealed that when she was 3 years old she went to the bathroom and cut her hair to look like her dad. During the pageant, she was one of the favorites to win the contest, but she only made it to the fifth place. She said her short hair represents herself and that’s what beauty pageants are all about.

According to Paulina Vega, being Miss Universe is a real honor, because she is representing the women of today. Someone who not only cares about being glamorous, but also cares about being a professional, intelligent, independent, hard-working person.
“You don’t have to find out you’re dying to start living”, that is one of the phrases that made the 18-year-old Zach Sobiech famous. But he wanted to be known as “the kid who went down fighting, but didn’t really lose.” Zach Sobiech was an average American teen from Minnesota. He lived with his parents, his two sisters and his younger brother. He liked to play the guitar and to write songs with his best friend. His main hit was named “Clouds” and it reached the number one song in iTunes top list. He was considered by his beloved ones as a very happy person that always made people smile. He liked to help others and demonstrate his affection to the people he loved. But unfortunately terrible news showed up at the Sobiech’s family front door. In one occasion while Zach was coursing the 8th grade, he and his younger sister went out for a run. When they came back home, he told his mother that his left hip hurt. His parents took him to the hospital believing that it was nothing to be worried about. But the truth was that Zach had cancer. He was only 14 when he was diagnosed with Osteosarcoma*.

*Osteosarcoma cancer type: It is a very common bone type of cancer that is more often seen in teenage boys. Osteosarcoma is one of the few cancer types that actually are originated in bones. It usually can reach the lungs and other bony structures in the body. It has no cure but can be controlled and treated.
A couple of years passed. Chemos were necessary but Zach wasn’t getting better. It was until cancer reached his lungs that the doctors told him and his family that he only had some months to live. Still, there was a very small chance, but it demanded a great cost: remove his left leg and part of his hip. This implicated that he would no longer be able to sit up. So the family thought in what kind of life quality he would have lived if they had chosen surgery. It was Zach that decided to live the rest of his life enjoying what he liked the most: his family, his friends and music. As I mentioned before, he wrote a song called “Clouds” as a legacy to be remembered by the people he left behind, but above all of them his family. The song talks about his experience with cancer also telling that he was already prepared for the next step. He kind of said goodbye to someone very dear to him too, which I think was referring to his family, girlfriend and friends. In it is written: “... up here my dear... it won’t be long now...” as if he was telling that he would wait and watch out for them, as if he would be all right when he got to the up-there. He uploaded the song on YouTube in 2012, and it became viral having millions of views since he did it. “Clouds” went that popular that it got to the iTunes number one hit. Because of the success of the song, Zach’s story became known by many people including some artists that made covers of it.
Unfortunately Zach met the end on May 2013 of complications from Osteosarcoma. He was buried in Minnesota. After his death, his family founded the Zach Sobiech’s Osteosarcoma Fund, which was aimed for research in ways to prevent and find a better treatment for this devastating disease. Just before Zach’s departure, Rainn Wilson, the owner of a YouTube channel called SoulPancake, released a documentary about Zach’s life story. He called it “My Last Days: Meet Zach Sobiech”. More recently, Wilson released another video of what happened a year later after Zach’s death. I find these videos very moving and emotive. You can watch and enjoy the videos here:

“My Last Days: Meet Zach Sobiech”:
http://youtu.be/9NjKgV65fpo

“My Last Days: Zach Sobiech, one year later”:

There are many more stories like Zach’s, stories that make you think about life’s worth. As Zach said, you don’t have to find out you are dying to start living your life.

Live life to its fullest and love whoever stands with you.
Live every moment,
Laugh every day,
Love beyond words.